

U-N-I TEACHING YOUTH PROJECT ACHIEVE©

Youth Development Workshops Out of the Harbor-Entering The Zone

*“adults are always telling us what to do but they don’t tell us how to do it”...
middle school student workshop participant.*

Our children are in crisis. They live in a world where community and family dysfunction are daily realities. We believe that our youth fall prey to teen-age sex and pregnancy, STD's, drugs, violence, juvenile delinquency, incarceration, dropouts, and other serious problems because adults have not modeled and taught them that there are viable alternatives to those realities. We believe our children are good, but they sometimes make bad decisions. **Lessons learned from these workshops will help youth to:**

(1) Think critically (2) See the world through multiple viewpoints - to step into other shoes (3) Make connections and see patterns (4) Imagine alternatives (What if? What else?); and finally, (5) Ask, "What difference does it make? Who cares?" Youth involved in this project can become the nucleus of a group of students to work to improve and rebuild communities and neighborhoods.

WORKSHOP TOPICS:

The overall goal is to help youth with maturation and transformation into adult life. Each section can be a stand-alone workshop or combined into one, however they are connected to each other. A companion Adult workshop is recommended. A follow up meeting should be held with a youth's guardian to discuss ways and means to implement future education development plans created by the youth and workshop facilitators.

1: Phases of Life

Help youth learn the phases of life, learn phase of life they are in, importance of making good choices in each phase of life

2. Maturation

Help youth learn to master self and learn what maturity is and how to transform into a mature adult.

3. Diversity

Help youth to understand and appreciate the ability to work and understand people different from themselves.

4. Mission Statement

Help youth to create goal statements for their life, learn how to achieve their destiny, develop a road map, a plan of action.

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